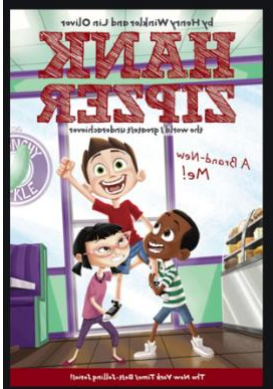


Annotated Bibliography ADHD

Early Elementary

Winkler, H. & Oliver, L. (2003). *Hank Zipzer Series*. Penguin Books USA. (Grades K-2)



Hank is a young boy who is growing up with ADHD coupled with dyslexia. He often finds himself in situations that others might find outrageous, and the humor in the books help bring humor to ADHD and dyslexia awareness, as well as helping young children understand that they are not alone in feeling different. Kids who learn differently are able to identify with Hank and the message of the books is of hope, humor, and compassion toward those who are neurodivergent.

Burton, L. & Burton, C. (2011). *Pay attention, Emily Brown!* Woodbine House: Bethesda, MD. (Grades K-2).



Pay Attention, Emily Brown! is a picture book that pairs computer generated illustrations with a mother's poetic pleas as she tries to get the attention of her child. The book gives attention to the imagination of all children, but especially those who have minds that have difficulty paying attention or staying on one task for too long. The humor in the book helps give light to an often heavy subject, and the author approaches it with grace and love. This book is a great read for students struggling with ADHD, and it is also great for parents of children with ADHD or learning differences.

Mid-Elementary

Esham, B., Dayton, T., & Gordon, M. (2013). *Free association, where my mind goes during science class*. Sourcebooks. (Grades 2-4).

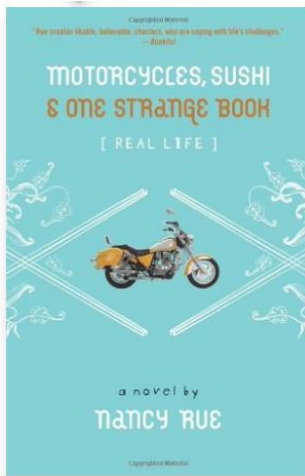


Emily is an elementary-aged student who loves science, but gets easily distracted, even in subjects in school that she loves. Emily's science teacher notices that she daydreams during her lessons, so she gives her a notebook to write down off-topic ideas during class and discovers, through the notebook, that Emily is very creative and the things she writes in her notebook

are of value in her science class. This book does a great job of portraying a student with ADHD having difficulty paying attention, but also that students with ADHD can and do learn well with the help of a caring instructor.

Middle/Young Adult

Rue, N. (2010). *Motorcycles, sushi & one strange book*. Zondervan. (Grades 9-12)



Jessie is a teenage girl who is trying to deal with her bipolar mother and her own ADHD while her friends are dealing with “normal” things like family dinners and vacations. Her already abnormal feeling life is turned upside down when she has to move to Florida to live with a father she thought was dead. This book brings attention and awareness to familial struggles that those with ADHD may have, and helps parents and students alike understand and empathize with

feeling “different”. The author takes the reader through the journey of a girl who is coming to terms with her own thinking differences through reading.

Gerber, A. (2019). *Focused*. Scholastic. (Grades 5-8)



Clea is a 7th grade student who doesn't understand why she can't get her homework done on time or why she is easily distracted and frequently fails her tests. She also often blurts out things that she doesn't mean or ruins games of chess with her peers. This book is effective for YA students with ADHD because her signs of ADHD are realistic: little things distract her, she has impulse control issues, and she has poor time management skills. She is very self-

aware, and students in the classroom can identify with Clea and find hope and understanding in an ADHD diagnosis.